



The motives for travel are as diverse and varied as the possible destinations, but for the most part, they can be distilled into one of the above six or some combination of these. Maybe you look forward to what the Swedes call resfeber – that restless beat of a traveler’s heart before a journey begins, mixing anxiety and excitement. Maybe you’re suffering from what the Germans call fernweh – an ache for distant places, being homesick for a place you have never been.

Salient and satisfying reasons to explore other locales include experiencing the different cuisines, cultures, customs, and languages they have to offer. In fact, culinary tourism is a major sector of the broader travel industry. In recent years, there’s been an increased research emphasis on the mutual attraction of tourism and gastronomy. Maria Manola, Professor in the Dept. of Tourism Admin. of the Univ. of West Attica, says, “Gastronomy is not only the art of cooking and good eating; it... [is] a complex experience that combines food with the cultural heritage of a tourist destination.” We can all agree that one of the joys of travel is the pleasure derived from the unique foods to be savored in a particular place with appropriate levels of caution exercised, of course :).

This is a great month to focus on destinations distinct for their good eats – October 16th is World Food Day and October 31st is World Cities Day. Whether it’s deep-dish pizza from Chicago, Boston clam chowder, Brussels’ amazing Belgium waffles, Buffalo wings, Bolognese pasta, cicchetti served in Venetian bacari, Philly cheesesteaks, Bangkok pad thai, Lima’s ceviche, francesinha from Porto, Vienna’s wiener schnitzel, Peking duck in Beijing... so many cities are famous for being the birth place of certain beloved dishes.

Which city would you like to visit for its iconic culinary offering?

Wherever that may be, we know just how to get you there and how you can make the most of your journey, food and otherwise. We look forward to wishing you bon appetit as you sobremesa (Spanish) after shemomechama (Georgian). That is: May you enjoy your meal and linger at the table afterwards to chat, relax, and enjoy the company of family or friends once you’ve accidentally eaten the whole thing because it was so delicious. Jusque-là!

ARRIVING SOON: CHANGE IS ON THE HORIZON FOR TRAVELERS

An upcoming Department of Transportation rule taking effect on October 19, 2026, reclassifies 10 specific flight disruption scenarios as uncontrollable events, relieving airlines of the requirement to provide hotel rooms and meals for those incidents. Despite the reduction in amenities, passengers will retain the right to a full cash refund if they choose not to travel following a significant delay or cancellation.

Read the full story at: [New DOT Rule Almost Here: What Travelers Should Know](#)

4



Ways to Protect Your Travel Investment

Looking to buffer your next trip from the unexpected?

- Considered leaving one day earlier – for cruises and international travel
- Take the first flight of the day – to allow for recovery option flights
- Avoid tight connections – leave room for delays
- Have a backup plan before you leave home – know your alternatives

DID SOMEONE SAY REWARDS?

We love our clients –
established and new!

And we love to show our
appreciation for your patronage.
We are thrilled to announce our
new referral rewards program
as a THANK YOU for the
business you send our way!



HOORAY FOR REWARDS!

**Refer
a Friend!**

GET \$50 GIFT CARD



→ THAT'S RIGHT!
WE'VE LAUNCHED
A REFERRAL PROGRAM:

ONCE THE NEW CLIENT COMPLETES TRAVEL,
THE REFERRER AND THE REFEREE WILL
EACH RECEIVE A \$50 GIFT CARD WITH
60 DIFFERENT OPTIONS TO CHOOSE FROM.

SCAN THE QR CODE TO SIGN-UP
AND START EARNING :

*Terms and conditions apply.



Travel Advisor Edition - Round 4



Survey says...

We asked our awesome advisors to name a surprise cost
travelers forget about. Survey results on next page.



CLIENT REVIEWS:



TRAVEL ADVISOR:
TABITHA REGOLI, VTA

Happy Client Testimonial

Tahiti | French Polynesia | South Pacific

“**Bucket list vacation executed:**
Tabitha was a great help each step of planning and booking our dream vacation. She customized our preferences, tweaked itineraries and supported us throughout the entire process, ensured we had everything during our trip, sent us a sweet welcome message at our hotel and even followed up afterwards. It was a great relief and comfort having her help, especially with the remote destination, multiple flights, ferry and transfers internationally with language and monetary conversions. We were able to truly enjoy each moment knowing there were no questions or details to worry about. Thank you for helping us create unforgettable memories!”



– Jennifer W. of Bigfork, MT



TRAVEL ADVISOR:
Jeri Anderson
www.flatheadtravel.com

Happy Client Testimonial

“**Perfect trip through Montana and Alberta, Canada.**
Jeri did a great job helping us plan a complicated trip through Montana, Glacier National Park and Alberta, Canada (including Banff, Lake Louise, Lake Moraine, and Calgary). We had to consider distance, weather, lodging, and activities. Everything worked out like clockwork. Jeri had great insight, particularly with regard to the potential fall weather changing, and distances. My wife and I highly recommend her for any kind of similar travel out west. We are used to being able to plan our own trips, but could not have done this without Jeri's help.”



– Terry and Teresa N.
of Fort Myers, Florida

Got travel
insurance?

We highly
recommend using
'TRAVEL
INSURED
INTERNATIONAL .
for all your travel
insurance needs.



WHEN TRAVEL INSURANCE IS WORTH IT

In many cases, the answer to “Is travel insurance worth it?” is a resounding yes. Here are the situations where trip protection adds real value:

1



HIGH-VALUE, NONREFUNDABLE TRIPS



Protect prepaid airfare, resorts, and guided tours. Trip cancellation coverage safeguards investment if plans change unexpectedly.

2



INTERNATIONAL TRAVEL WITHOUT HEALTH COVERAGE



Domestic health insurance often doesn't work abroad. Accident & Sickness benefits cover emergency care, hospital stays, and even medical evacuation.

3



CRUISES & TOURS WITH STRICT POLICIES



Mitigate financial risks from nonrefundable deposits and fees enforced by cruise lines and tour operators.

4

OLDER TRAVELERS OR THOSE WITH HEALTH CONDITIONS



Cover unexpected health issues forcing trip cancellation or requiring overseas medical care. Look for pre-existing condition waivers.

5

FAMILIES TRAVELING WITH KIDS



Added financial protection for bookings if a child gets sick, injured, or a trip is significantly delayed.

6

TRAVELING DURING VOLATILE SEASONS



Navigate natural disasters, airline strikes, or illness spikes without bearing the full cost of disruptions and adjustments.

FALL INTO ANY CATEGORY? Travel protection helps you recoup costs and navigate emergencies with less STRESS.

FAMILY FEUD TOP ANSWERS: Tips/Gratuities for guides or staff, Resort Fees, Hotel City Taxes, Baggage Fees